



SUMMER 2020 - Menus 08/03-08/07

MENUS ARE SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T				
8-3 Pop Tart Fresh Fruit Got Milk	8-4 Beef Sausage Pancake Sandwich SunCup Fruit Juice Got Milk	8-5 Blueberry Pancake Mini Bites Fresh Fruit Got Milk	8-6 Cereal Bowl Fresh Fruit Got Milk	8-7 Buttery Maple Waffle Cranberries Got Milk
L U N C H				
8-3 Cheesy Breadstick & Potatoes OR Asian Chicken Salad, Crackers OR Asian Chicken & Vegetable Stir Fry, Crackers Yogurt OR Roasted Sunflower Seeds Applesauce Cup Veggie Got Milk	8-4 Breaded Chicken Sandwich Fresh Apple Slices Sweet Corn Veggie Got Milk	8-5 Bean & Two Cheese Dip and Tortilla Chips Chilled Mixed Fruit Cup Fresh Fruit Salsa Cup Got Milk	8-6 Chicken Nuggets & Corn Frozen Juice Slush Fresh Apple Slices Veggie Got Milk	8-7 Beef Links & Biscuit OR Caesar Chicken Salad, Blueberry Muffin OR Caesar Salad Kit with String Cheese, Blueberry Muffin String Cheese Fresh Fruit Veggie Got Milk

Posted 07/31/20

All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students MUST take at least 3 components as part of their lunch.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

SFSP Field Trip Menu Options - 1. Yellow Submarine Sandwich, Baby Carrots, or Orange Medley, Fresh Fruit & Got Milk

2. Deli Turkey & Cheese Sandwich, or Orange Medley, Fresh Fruit & Got Milk

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